

Nad's Natural HAIR REMOVAL GEL

DIRECTIONS FOR USE:

READ ALL DIRECTIONS, WARNINGS AND PRECAUTIONS CAREFULLY BEFORE USE. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN SKIN IRRITATION OR OTHER INJURY.

1. BEFORE YOU START WAXING

Wash your hands. Thoroughly clean the area to be treated using the Nad's Pre-Wax Cleansing Wipe. Ensure all oils, makeup and moisturisers are removed and then wipe skin completely dry (**Figure1**). For extra foaming, moisten the Nad's Cleansing Wipe with water.

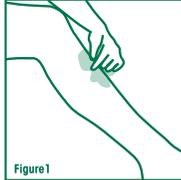


Figure1

2. APPLY NAD'S NATURAL GEL

Slowly apply a thin layer of gel in the direction of hair growth (**Figure2**). Hair should be at least 3-5mm (1/8 - 1/4 inches) long. On some parts of your body, for example the back or underarms, hair can grow in different directions. Always assess carefully before applying the gel. Please refer to the "Treatment Areas" section for specific information about different areas of the body. Nad's Natural Hair Removal Gel is best used at normal body and room temperature (22°C / 72°F). If it is cold or if the gel is too thick, heat in the microwave for no more than 15 seconds (full jar) ensuring all of the foil seal is removed. Alternatively, if you do not have a microwave, carefully place the jar in a pot of hot tap water for approximately 5 minutes. Ensure the water level does not rise beyond the Nad's logo on the jar (the gel will become ineffective if it comes into contact with water).

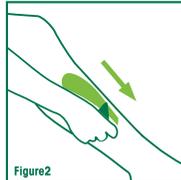


Figure2

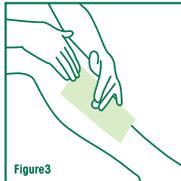


Figure3

3. APPLY COTTON STRIP

Immediately place strip over the gel. Using the palm of your hand, firmly smooth over the strip 3-4 times in the direction of hair growth (**Figure3**).

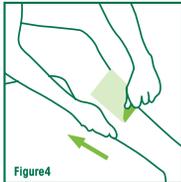


Figure4

4. REMOVE GEL

Holding skin taut with one hand (**Figure4**), quickly pull strip off in the opposite direction of hair growth. The quicker you pull the strip back, the more effective the hair removal. Remember to hold skin taut with the other hand and to pull close to the skin rather than away from the skin (**Figure5**). The same strip can be re-used by folding the strip in half so that the gel is in contact, massaging the strip between your fingers and slowly peeling the strip open. Continue using the same strip until no longer effective. If any gel residue is remaining on the skin, simply rinse away with warm water.

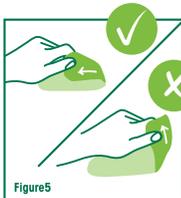


Figure5

(Remove strip close to skin. Don't pull upwards)

TREATMENT AREAS:

If you have no waxing experience, try the technique on your legs before commencing with sensitive areas such as the bikini line and underarms.

Legs & Arms

Follow general instructions.

Underarms

- Underarm hair tends to grow in two different directions so treat in two stages. **Upper underarm:** apply toward the elbow; **Lower underarm:** apply down towards the ribs.
- Hold skin taut by placing forearm behind your head and moving your elbow back.
- Alternatively, lift elbow up and back and grip skin with the same hand (**See figures 6-8**).
- **Tip:** this area is prone to becoming moist, make sure it is completely dry before applying the gel.

Upper Lip, Chin, Centre Brow & Eyebrows

For these delicate areas we recommend using the Nad's Precision Eyebrow Wax Wand.

Bikini Line

In this sensitive area it is especially important to keep the skin taut when removing the strip by pulling on the skin of your thigh (**See figures 9-11**).

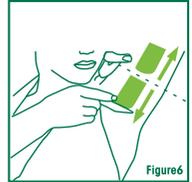


Figure6

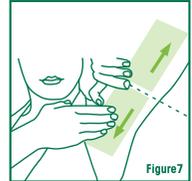


Figure7

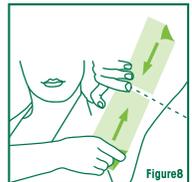


Figure8

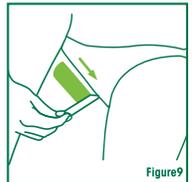


Figure9



Figure10

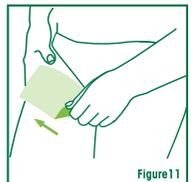


Figure11

Did you know?
NAD'S COTTON STRIPS CAN BE WASHED AND REUSED!

Nad's® Natural HAIR REMOVAL GEL

PRECAUTIONS FOR PRE-WAX CLEANSING WIPES

- Test the wipe on a small area of skin you wish to treat. If after 24 hours there is no adverse reaction proceed with full application.
- Avoid contact with eyes. If contact occurs rinse with water. If irritation persists seek medical advice.
- For external use only.

PRECAUTIONS FOR NATURAL GEL

- KEEP OUT OF REACH OF CHILDREN.
- **Before each use, follow the directions to test the gel on a small area of skin you wish to treat. If after 24 hours there is no adverse reaction, proceed with full application.**
- Not suitable for use on the scalp, nipple, perineal or genital areas.
- May not be suitable for the elderly or diabetics.
- Do NOT use if you are on any medication which can affect the skin or if undergoing any of the following dermatological treatments: topical retin A, skin peel, dermabrasion or laser resurfacing.
- Do NOT use on sunburnt, dry, flaky, broken or irritated skin; or over warts, pimples, moles, varicose veins or wounds; or if you have previously experienced adverse reactions to waxes.
- Do NOT use directly after a shower. Wait at least 15 minutes, until skin is dry and moisture-free.
- Allow 24 hours before using antiperspirant, perfume or astringent lotion on the treated area.
- It is normal for skin to appear red after waxing. If discomfort or a burning sensation is experienced, apply a cold compress to the area. If sensation persists, seek medical advice.
- Do NOT store in the bathroom. Store in a dry environment and away from direct sunlight.
- Gel may become ineffective if it comes into contact with water.

TIPS FOR EFFECTIVE HAIR REMOVAL

- Ensure hair is at least 3-5mm (1/8 - 1/4 inches) long.
- The area must be clean and free from makeup, oil and moisturisers.
- Ensure the area is thoroughly dried after using the Nad's Pre-Wax Cleansing Wipe.
- Apply the gel in the direction of hair growth.
- Hold skin taut when removing gel.
- Pull the Cotton Strip quickly in the opposite direction of hair growth and parallel to the skin.

FOR A PERFECT FINISH

- Nad's Ingrow Solution is the essential after-hair-removal formula for minimising ingrown hairs, irritation and redness. Use no sooner than 24 hours after hair removal.

For an instructional video
& further information visit
nads.com